Sports Day Celebrations 2019

On 19th October , Carmel celebrated Sports day at the Thyagraj stadium grounds. The theme for the day was the Tokyo Olympics 2020.
The occasion was graced by renowned cricketer Ms. Jaya Sharma cricketer and guest of honour Ms. Leena Vyas. The show started with a melodious song by Tarana -The Indian music society of the school followed by the song "Overcomer" sung by the HMM group.
The highlight of the day was the exemplary marchpast by the students of class VIII, IX and XI. Trained by skilled professionals the students ,dressed in their different house colours marched with perfect synchronisation to the tunes of the school brass band . Nirmal Party was declared to be the best marching squad.

In a colourful blend of dance and drills the students showcased the Olympic spirit of excellence, championship and respect. Several track events were organised for students from classes Kg to XI, which included flat races, relay, hurdle race , parachute race and partner races to name a few. The yoga club performed several asanas and filled the stadium with an aura of serenity.

To highlight our goal of empowering women the Taekwondo club gave a fabulous performance as they showcased their impeccable self defence skills.

The event culminated with the Grand Finale, the closing act of Sports Day 2019 which reflected on the Olympic spirit of integrity diversity and oneness thorough the different dance forms beginning with the Indian classical dance Kathak, the dance form of Africa and Japan, the energetic and zestful Zumba and the lively Bhangara.

It truly was a memorable day for the students, teachers and parents as the Thyagraj stadium was brought alive with colours and joys.